

LIPEDEMA WORLD CONGRESS 2025



Rome,
November
5/6/7/8



By Lipedema World Alliance



Congress Venue: Fiera di Roma | Pav. 10 | Via Portuense, 1645 | Rome -Italy

CONGRESS PRESIDENT



Karen L. Herbst
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WELCOME TO ROME



LIPEDEMA WORLD CONGRESS

2025 **ROME**
5/6/7/8
November



CONGRESS OVERVIEW

WEDNESDAY
NOVEMBER

5th

FIERA DI ROMA • PAVILION 10

🕒	📍 ROOM JUSTINA
10:00 / 12:30	Recorded Surgery
13:00 / 14:00	Break
14:00 / 17:30	Patient associations in comparison Panel Discussion

	 ROOM ALIBRANDI
07:00 / 08:00	Registration
8:00 	Keynote Lecture
8:15 / 10:50	SESSION 1 • Basic Sciences
10:50 / 11:00	Coffee Break
11:00 	Keynote Lecture
11:15 / 13:05	SESSION 2 • Epidemiology Clinical and instrumental Diagnosis
13:05 / 14:00	Lunch
14:00	Opening Ceremony
14:30 	Keynote Lecture
14:45 / 16:25	SESSION 3 • Surgical options: When, What and Why
16:25 	Keynote Lecture
16:40 / 17:00	Coffee Break
17:00 	Keynote Lecture
17:15 / 18:50	SESSION 4 • Lipedema and comorbidities

	 ROOM JUSTINA
11:30 / 12:30	SESSION 1 • Surgery and related fields 1
14:30 / 16:00	SESSION 2 • Surgery and related fields 2
17:30 / 18:30	SESSION 3 • GLP1 and other medical therapies

	 ROOM EUFEMIA
11:00 / 12:00	WORKSHOP • Juzo
15:00 / 17:00	WORKSHOP • Prof. Simmarro

🕒	📍 ROOM ALIBRANDI
08:30 	Keynote Lecture
08:45 / 10:25	SESSION 5 • Panel Discussion on GLP-1
10:25 / 10:45	Coffee Break
10:45 	Keynote Lecture
11:00 / 12:20	SESSION 6 • Guidelines and position paper
12:20 	Keynote Lecture
12:35 	Keynote Lecture
12:50 / 14:00	Lunch Session
14:00 / 16:00	SESSION 7 • Physical treatment
16:00 / 16:20	Coffee Break
16:20 	Keynote Lecture
16:40 / 18:00	SESSION 8 • Physical exercise in Lipedema and other behaviour
18:00 / 19:00	General Assembly LWA

🕒	📍 ROOM JUSTINA
09:00 / 11:00	SESSION 4 • Diagnosis 1
11:00 / 12:30	SESSION 5 • Physical Treatment and related fields
14:30 / 16:00	SESSION 6 • Surgery and related fields 3
16:30 / 18:00	SESSION 7 • Diagnosis 2

🕒	📍 ROOM EUFEMIA
11:00 / 13:00	WORKSHOP • HumanTear
16:30 / 18:30	WORKSHOP • Medisport

🕒	📍 EXHIBITION AREA
16:00 	SESSION 1 • Moderated E•Poster
16:00 	SESSION 2 • Moderated E•Poster

	 ROOM ALIBRANDI
08:30 	Keynote Lecture
08:45 / 10:30	SESSION 9 • Nutritional and new pharmacological approach
10:30 / 11:00	Coffee break
11:00 	Keynote Lecture
11:15 	Keynote Lecture
11:30 	Keynote Lecture
11:45 / 12:45	SESSION 10 • Therapeutic approach: when conservative and when surgical
12:45 	Keynote Lecture
13:00 / 14:00	Lunch
14:00 	Keynote Lecture
14:15 / 15:45	SESSION 11 • Lipedema and Pain
15:45 / 17:00	SESSION 12 • Panel Discussion on Future Research
17:00	Closing of the Congress

	 ROOM JUSTINA
09:00 / 10:30	SESSION 8 • Lipedema and quality of life - patient advocacy
11:00 / 12:30	SESSION 9 • Nutrition and medical therapy

	 ROOM EUFEMIA
10:00 / 11:00	WORKSHOP • Asmed

LIPEDEMA WORLD CONGRESS

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DETAILED PROGRAM

ORAL COMMUNICATION

WORKSHOPS

E•POSTER

WEDNESDAY- **5th** NOVEMBER

 **ROOM JUSTINA**

PRE CONGRESS EVENT

10:00 / 12:30 **Recorded Surgery**

- › Ghods Mojtaba: *The Potsdam experience*
- › Hersant Barbara: *French experience*
- › Bruno Agostino: *PAL experience*
- › Vaia Nicola: *WAL experience*
- › Wright Thomas: *US experience*
- › De Nadai Ana Carolina: *Brasilian experience*
- › Shayan Ramin: *Australian experience*
- › Other surgical solutions
- › Panel Discussion

13:00 / 14:00 **Break**



14:00 / 17:30

Patient associations in comparison:

how to share experiences in the common interest

Panel Discussion:

Patient associations from all over the world will share their experiences with healthcare professionals

DETAILED PROGRAM

THURSDAY-

6th

NOVEMBER



ROOM ALIBRANDI

07:50 • • • **Presentation of sessions and speakers**

S. Süß (GER)

08:00

Keynote Lecture

LWA on the road to share its experiences and mission

S. Michellini (ITA)

08:15 / 11:00 • **SESSION 1**

Basic Sciences

Chairs: S. Cinti (ITA), K.L. Herbst (USA), T. Schulz (GER)

- ▶ Lipedema UK - The difficult, but pleasant relationship between patient and health worker
K. Forster (UK)
- ▶ Endothelial cell alterations in capillaries of adipose tissue from patients affected by lipedema
S. Cinti, S. Michellini, S. Greco, N. Vaia, V. Puleo, P. Pellegrino, A. Giordano, S. Michellini, H. Karen, G. Goteri, S. Castorina, P. Ciarmela (ITA)
- ▶ Genetics in Lipedema
M. Bertelli, S. Michellini, P. Maltese, S. Michellini (ITA)
- ▶ Genetic Analysis of Adipose Tissue from Patients with Lipedema
P. Meyer (BRA)
- ▶ Mast Cell Activation Syndrome (MCAS) and Lipedema
K.L. Herbst (USA)
- ▶ Disease-Specific Alterations of Adipocyte Function in Lipedema
T.J. Schulz, P. Kruppa, R. Upmeyer, F. Garcia, S. Gohlke, M. Ghods (GER)
- ▶ Exploring lipedema tissue microRNAs
E. Cione, S. Michellini, N. Vaia, S. Michellini, R. Cannataro (ITA)
- ▶ Extracellular Vesicles in Plasma and Lipoaspirates of Lipedema Patients and Healthy Control Individuals
K.E. Morawitz (GER)
- ▶ Epigenetic Switch Controls in Lipedema Adipogenesis
T. Karnezis, N. Bandara, T. Nguyen, M. Rittchie, D. Creek, K.L. Herbst, R. Lister, M.G. Achen, R. Shayan (GER)
- ▶ Diagnostics through Multi-Omics Approaches and Serum-Based Predictive Modeling
L. Straub (GER)
- ▶ Origin and development of lipedema: pathogenic mechanisms
P.A. Nono Nankam (UK)
- ▶ Structural evidence for abnormal neoadipogenesis in lipedema adipose tissue
M. Steiner, C. Schoefer, E. Russe, A. Theresa Lipp, H. Bauer (GER)
- ▶ Compound heterozygous PROC mutations cause lipedema in humans
J. Wang, Y.A. Zeng (CHI)

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ROOM ALIBRANDI

- ▶ A new pharmacology for lipedema
S. Rockson (USA)
- ▶ Adipose resident, native human mesenchymal stem cells: a central role in the deregulation of adipogenesis, fibrogenesis and angiogenesis in lipedema?
B. Peault (USA)
- ▶ **Discussion**

10:50 / 11:00

Coffee Break



11:00 

Keynote Lecture:

Eating disorders, hypothalamic inflammation and the satiety center in Lipedema

J.L. Simarro (E)

11:15 / 12:55 • **SESSION 2**

Epidemiology Clinical and instrumental Diagnosis

Chairs: E. Dimakakos (G), G.Scapagnini (ITA), G. Szolnoki (POL)

- ▶ How to defend ourselves against fake news AndLympha
M. Laurenço Marquez (POR)
- ▶ Descriptive epidemiology of women with lipedema SNOMED codes in a nationally representative United States sample of truveta electronic health records data
K. Eddens, K. Ryckman, C. Parker, E. Ables (USA)
- ▶ Assessment of resting microcirculation in lipedema using laser doppler flowmetry
G. Szolnoky, J. Szabó, O.Á. Péter, A. Nemes, E. Griechisch, Z. Ruzsa (HUN)
- ▶ Local bioimpedance on the leg: a possible tool for diagnosis and differentiation of stages
R. Cannataro (ITA)
- ▶ Lipoedema, Lipohypertrophy and no-Lipedema Obesity: usefulness of three-dimensional tissue ultrasound diagnostics
M. Cestari (ITA)
- ▶ Comparison of dual-energy x-ray absorptiometry and bioimpedance data on regional distribution of fat and lean mass in lipedema patients
M. Andrade, P. Frederichi de Souza, G. Patriani, J. Nadai, A. Nadai, D. Torrico (BRA)
- ▶ Role of the Lymphatic System in Lipedema: Comparing Lymphoscintigraphy with Lymphangio-MR
F. Boccardo (ITA)

DETAILED PROGRAM

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ROOM ALIBRANDI

- ▶ Lymphatic function in lipedema vs control group, ICG protocol and observations
J. P. Belgrado; V. Stoichkova, C. De Matos; V. Fuchs-Hecht-Ritter, M. Gyladi, H. Mandhui, M. Brandebourg, J. Malloizel (BE)
- ▶ Not the root cause, but not to be forgotten: a pilot gene study, functional analysis and surgical proof-of-principle study of the lymphatic system in lipedema
R. Shayan (AU)

13:05 / 14:00 **Lunch**



14:00 **Opening Ceremony**

14:30  **Keynote Lecture**
Large-Volume Hybrid Liposuction for the Treatment of Lipedema – The Potsdam Concept
M. Ghods (GER)

14:45 / 17:00 • SESSION 3

Surgical options: When, What and Why

Chairs: D. Amron (USA), M. Lehnhardt (GER), R. Shayan (AU)

- ▶ To be or not to be: conservative treatment or surgery?
A. Frederichi de Souza Paula (BRA)
- ▶ 1,000 Lipedema surgeries a year. Scaling excellence: clinical insights and lessons learned from a high-volume specialized surgical team
E. Burgos de la Obra (E)
- ▶ From limbs to abdomen: rethinking the spectrum of lipedema
A. Bruno (ITA)
- ▶ Vaser in Lipedema surgical treatment
B. Hersant (FRA)
- ▶ Vital perioperative protocols in lipedema reduction surgery
D. Amron (USA)
- ▶ Not the root cause, but not to be forgotten: A pilot gene study, functional analysis and surgical proof-of-principle study of the lymphatic system in lipedema
R. Shayan, C. Campisi, C. Bendon, A. Herle, N. Bhindi, Z. Campisi, T. Karnezis (AU)
- ▶ Persistent lipedema after bariatric surgery – An interdisciplinary approach
J. Schmidt (GER)
- ▶ Plastic surgery on lipedema after bariatric surgery
S. Gentileschi (ITA)
- ▶ **Discussion**

DETAILED PROGRAM

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ROOM ALIBRANDI

17:05

Keynote Lecture

Lipo-Lymphoedema: indications and role of minimally-invasive surgery
C.C. Campisi (ITA)

17:15 / 17:40

Coffee Break



17:40

Keynote Lecture

30 years of experience on diagnostics and therapy for lipedema
M. Cornely (USA) [VIDEO](#)

18:00 / 19:20 • SESSION 4

Lipedema and comorbidities

Chairs: A. Mander (ITA), ***G. Manokaran*** (IN), ***A. Szuba*** (POL)

- ▶ LIO Lipedema Italia Onlus
M. Soro (ITA)
- ▶ Correlation between adipose tissue disorders and hypermobile Ehlers-Danlos syndrome
F. Camerota, ***C. Celletti*** (ITA)
- ▶ Thyroid function in women with lipedema: laboratory analysis and frequency of alterations
N. Juliano, ***P. Frederichi de Souza***, ***G. Patriani***, ***C. Pacheco***, ***A. Nadai***, ***D. Torrico***, ***C. Beltrame*** (BRA)
- ▶ Lipedema and leaky gut syndrome
M. Sciuscio (ITA)
- ▶ Lipedema and hypermobility spectrum disorders: clinical implications of a shared pathophysiology
E. Fiengo, ***A. Sbarbati*** (ITA)
- ▶ Metabolic regulation of adipose tissue remodeling in women with lipedema
V.S. Cifarelli, ***G. Nienves***, ***J. Newman***, ***M. Brennan***, ***T. Wright***, ***S. Dinsdha*** (USA)
- ▶ Prevalence of comorbidities associated with lipedema in Spanish women: a comparative study with the general population
E. Vaquero Ramiro (E)
- ▶ ***Discussion***



11:30 / 12:30 • SESSION 1

Surgery and related fields 1

Chairs: A. de Nadai (BRA), B. Hersant (FR), T. Wright (USA)

- Lipedema Reduction Surgery: Advances in Safety, Efficiency, and Recovery with Closed Incisions
P. Henriques Lyra Frasson, L. Musso de Magalhães, L. Cruz, T. Favato (BRA)
- The use of tranexamic acid in liposuction for lipedema: a retrospective comparative study
A. Bruno (ITA)
- Megaliposuction: a protocol for performing >20 L of liposuction safely
D. Krochmal (USA)
- Establishing standard nomenclature for lipedema reduction surgery: a strategic imperative for legitimacy, safety, and system alignment
A. Mc Donald (USA)
- Simultaneous varicose vein and lipedema surgery: feasibility and safety analysis
K. Utsunomia, V. Cervantes Gornati, I. Rodrigues Tavares, F. Kamamoto (BRA)
- Achieving high patient satisfaction and low complication rates in lipedema abdominoplasty: the tulua method
V. Karri (UK)
- Surgical treatment of lipedema: risk mitigation and management of complications in lymph-sparing liposuction
P. Enriques Lyra Frasson, L. Musso de Magalhaes, L. Cruz, T. Favato (BRA)
- Early shockwave therapy after lipedema liposuction: breaking the fibrotic cycle
A. Bruno (ITA)



14:30 / 16:00 • SESSION 2

Surgery and related fields 2

Chairs: A. Caballeira Brana (E), F. Kamamoto (BRA,) N. Vaia (ITA)

- LipeCodes: Surgical Systematization Protocol for LIPEDEMA surgery based on body densitometry (DEXA)
R. Afiune, F. Kamamoto (BRA)
- Individualized surgical approach for early-stage lipedema in a young male patient: a case report renan
D.A. Ribeiro, G. Mira Clivatti, M. Emi Sato Ito, F. Kamamoto (BRA)
- Water-jet assisted liposuction (WAL) in lipedema: outcomes and benefits from a single center experience
J. De Carvalho, S. Sampaio, C. Andresen, M. Lou (POR)
- Dual-surgeon lipedema surgery: key considerations and impact on patient outcomes
G. Xydias, T. Kurpanek (GER)
- Holistic first-line care for lipedema: breaking fibrosis, boosting flow, and fighting inflammation
R.S. Jansen (NED)
- Dermolipectomy in advanced lipedema: functional and aesthetic outcomes in 40 patients treated at instituto lipedema Brazil
F. Kamamoto (BRA)
- Surgical complications of lipedema reduction surgery
M. Emi Sato Ito, F. Kamamoto, D. Alves Mognato, V. Cervantes Gornati, R.D. Americo Ribeiro, G. Mira Clivatti (BRA)
- Arm lipedema: integrating advanced surgical techniques with comprehensive care for optimal patient outcomes
A. Carballeira Brana (E)
- Lipedema and lymphatics: lymph vessels sparing liposuction and the role of supramicrosurgical lymphatico-venular anastomosis (SLVA) in treating lymphatics complications
F. Gabriele (GER)
- The Role of Power-Assisted Liposuction in the Treatment of Lipedema
D.A. Bollero (ITA)
- Volume-reducing surgery for advanced lipedema: large-scale resections in a two-stage approach for improved outcomes and reduced morbidity
P.E. Lyra Frasson, F. Barbosa Moscon, L. Musso Magalhães (BRA)
- Analysis of android/gynoid ratio by dexa scan as a predictor of clinical progression of lipedema
A.C. Pucci de Mattos (BRA)

ORAL COMMUNICATION

THURSDAY-

6th

NOVEMBER



ROOM JUSTINA

17:30 / 18:30 • SESSION 3

GLP1 and other medical therapies

Chairs: D. Monteiro (BRA), L. Patton (ITA), V. Ziulu (IRL)

- The role of GLP-1 agonists and GIP/GLP-1 in the management and treatment of Lipedema pain and inflammation. Clinical insights.
V. Ziulu, C. Pandalache (IRL)
- Evaluation of the effects of tirzepatide on body composition in women with lipedema
P. Frederichi de Souza, G. Périco Patriani, J. Nadai, D. Torrico, M. Andrade (BRA)
- Tirzepatide and methenolone: case report in the control of lipedema in menopause
D. Monteiro, L.M.Q.C. Lemos Marcos (BRA)
- Low dose Tirzepatide for the treatment of patients with Lipedema - case report
I. Murta, J. Bicca (E)
- GLP-1: first results on lipedema
L. Patton, E. Ricolfi, M. Bortolon, V. Reverdito, A. Bellucci, A. Macrelli (ITA)
- Lipedema and estrogen-dependent gynecological disorders: evaluation of the efficacy of subcutaneous gestrinone implants as adjunct therapy
P. Frederichi de Souza, G. Périco Patriani, C. Pacheco, D. Torrico (BRA)
- The use of specific injectable nutritional therapy in the treatment of lipedema, through systematic evaluation with ultrasound
A. Paolino Rezende Neto (BRA)

WORKSHOPS

THURSDAY-

6th

NOVEMBER



ROOM EUFEMIA

11:00 / 12:00 • WORKSHOP • *Supported by Juzo*

- Assessment tools to quantify a cluster of clinical aspects of lipoedema - Hands on
J.P. Belgrado (BE)

15:00 / 17:00 • WORKSHOP

- Clinical Diagnosis of Lipedema. New signs, symptoms, and imaging, based on scientific evidence
J.L. Simarro (E)

DETAILED PROGRAM

FRIDAY—

7th

NOVEMBER



ROOM ALIBRANDI

08:10 • • • **Presentation of sessions and speakers**
S. Süß (GER)

08:30  **Keynote Lecture**
Pros and cons of GLP-1 agonists
N. Pennings (USA)

08:45 / 10:25 • **SESSION 5**

Panel Discussion on GLP-1

Chairs: S. Michelini (ITA), N. Pennings (USA), T. Wright (USA)

▶ Expert panel:
GLP-1 Agonist as a possible pharmacologic treatment for Lipedema
Introduction by Thomas Wright

G. Faerber (GER)

R. Cannataro (ITA)

J. L. Simarro (E)

L. Cobos Salinas (USA)

V. Ziulu (IRL)

P. Frederichi de Souza (BRA)

J. Cochrane (USA)

10:25 / 10:45 **Coffee Break**



10:45  **Keynote Lecture**
LWA position paper about Lipedema: Results of a Delphi method study
P. Kruppa (GER)

11:0 / 12:20 • **SESSION 6**

Guidelines and position paper

Chairs: R. Crescenzi (USA), G. Faerber (GER), P. Kruppa (GER)

- ▶ Role of patient associations in drafting consent documents
American Lipedema Association
S. O'Hara (USA)
- ▶ German Guidelines and welfare results
G. Faerber (GER)
- ▶ The USA Standards of care
K.L. Herbs (USA)
- ▶ Which are still the main points of contention today
P. Kruppa (GER)
- ▶ Consensus documents compared
I. Forner Cordero (E)
- ▶ **Discussion**

DETAILED PROGRAM

FRIDAY—

7th

NOVEMBER



ROOM ALIBRANDI

12:20

Keynote Lecture

Diagnostic and therapeutical global approach to Lipedema patient

K.L. Herbst (USA)

12:35

Keynote Lecture

Fascia modulation in Lipedema after MLD/pump treatment

E. Iker (GER)

12:50 / 14:00

Lunch Session • Human Med



Gentle precision: Advancing Lipedema Care with Water-jet Assisted Liposuction

N. Vaia (ITA), S. Welss (GER)

14:00 / 16:00 • **SESSION 7**

Physical treatment

Chairs: I. Forner Cordero (E), E. Iker (GER), C. Moffat (UK)

- ▶ My experience with lipedema, the current lipedema care in my country and what has changed since the Potsdam Congress?
J.L. McCarthy, N. Clifton (IRE)
- ▶ Ozone therapy in lipedema: beyond aesthetics and toward effective pain management
M. Sobrinho (BRA)
- ▶ Safety and efficacy of compression garments in the treatment of lipedema. A systematic review
I. Forner Cordero (E)
- ▶ Impact of flat-knit compression stockings on pain perception in patients with type III Lipedema: a prospective analysis of 507 cases
P. Frederichi De Souza (BRA)
- ▶ Lipedema: ultrasound evaluation and clinical and therapeutic correlations
A. Mander (ITA)
- ▶ Conservative therapy in lipedema: anatomical and symptomatic changes at 10 sessions
L. Perez (BRA)
- ▶ Relative lower limb strength before and after decompression surgery in lipedema: preliminary evidence from a functional assessment protocol
N. Vaia, S. Michelini, L. Caputi, S. Michelini (ITA)
- ▶ The role of instrumental physical therapy in patients with lipedema: clinical benefits of the Original Tecartherapy
S. Michelini (ITA)
- ▶ **Lecture:** The importance of the autonomic nervous system in patients with lipedema
R. Medina (E)
- ▶ **Lecture:** REAC Technology for Upstream Intervention in Lipedema: a paradigm shift in pathophysiological modulation
S. Rinaldi, V. Fontani (ITA)

DETAILED PROGRAM

FRIDAY—

7th

NOVEMBER



ROOM ALIBRANDI

16:00 / 16:20 *Coffee Break*



16:20 

Keynote Lecture:

The most appropriate physical activity in Lipedema

B. De Jong (NL)

16:40 / 18:00 • **SESSION 8**

Physical exercise in Lipedema and other behaviour

Chairs: P. Frederichi de Souza (BRA), E.L. Iorio (BRA)

- ▶ Patients Association – LIO – *Lipedema Italia Onlus*
V. Giordano (ITA)
- ▶ Lipedema Inflammation and physical activity: state of the art and future direction
Serena Michellini (ITA)
- ▶ The role of training in managing lipedema: personalisation, monitoring and an integrated approach
A. Milano (ITA)
- ▶ A retrospective educational Survey of student experience following Specialist Lipoedema Training
J. Wigg (UK)
- ▶ Physical activity in lipedema management: a narrative review of fascial mechanisms and consequences on lymphatic drainage
S. Scampini (ITA)
- ▶ Comparative analysis of whole body vibration
V. Monteiro (BRA)
- ▶ Biomechanics of movement in women with lipedema risks and strategies in resistance training
J. Galeno (BRA)
- ▶ ***Discussion***

18:00 / 19:00 **LIPEDEMA WORLD ALLIANCE GENERAL ASSEMBLY**



09:00 / 11:00 • SESSION 4

Diagnosis 1

Chairs: J.P. Belgrado (BE), M. Chevennement (FR), A. Onorato (ITA)

- A morphological classification system for upper limb lipedema in women: a clinical and anatomical framework
A.C. de Nadai, K.L. Herbst, J. de Nadai, P. Frederichi de Saousa, G. Perico Patriani (BRA)
- Qualifying tortuosity of the superficial venous network in lipedema vs control
J.P. Belgrado, V. Stoichkova, C. De Matos, V. Fuchs-Hecht-Ritter, M. Gyladi, H. Mandhui (BEL)
- Lipoedema assessment and diagnosis review
H. Eason, S.L. Kilbreath, K. Roone, E.S. Dylke (AU)
- Hormonal dysfunctions in women with lipedema: analysis of testosterone and estradiol
D. Torrico, P. Frederichi de Souza (BRA)
- A study on the psychological condition of italian women with lipedema
N. Fabbro, V. Bassi, A. Onorato (ITA)
- Sexual health and intimate relationships - experiences in women with lipedema
J. Falck, J. Mårtensson, L.L. Jonasson, J. Dudek, A. Nygårdh (SE)
- Ultrasound-based stratification in lipedema: integrating b-mode, doppler, and tissue compressibility for phenotypic profiling
V. Gornati, A.L. Pimentel Neto, K. Utsunomia, I. Tavares, A. Peres de Melo, F. Kamamoto (BRA)
- Ai supporting lipedema diagnosis: a big data analysis validated by clinical evaluation
F. Kamamoto (BRA)
- The lipedema screening algorithm (lisa): transforming quality of life data into early diagnosis
V. Karri (UK)
- Lipedema: ultrasound evaluation and clinical and therapeutic correlations
A. Mander (ITA)
- What is the clinical pathway of women with lipedema? A mixt study among French patients
M. Chevennement, J.P. Lebeau (FR)
- Application of photobiomodulation with a multi-wavelength (velaryan) device in lipedema treatment: a randomized clinical trial change to poster
P. Frederichi de Souza, Y. Piedade (BRA)
- Lipedema during pegnancy and the first year after
J. Dudek (POL)
- Implication of the lymphatic system on lipedema: the role of lymphofluoroscopy
E. Porceddu, L. Xhyljeta, S. Keller, G. Buso, L. Mazzolai (CH)
- Diagnostic delays in lipoedema: Insights from the RAVAD registry on time from first symptom to diagnosis
X. Luta, E. Porceddu, S. Keller, L. Mazzolai (CH)



11:00 / 12:50 • SESSION 5

Physical Treatment and related fields

Chairs: K. Estfaunus (EGY), S. Michelini (ITA), P. Neves (BRA)

- Effects of therapeutic ultrasound on lipedema adipose tissue
N. Aprea, P. Fross Meyer, C. Capasso (ITA)
- Biokinetic profile in lipedema
P. Neves, F. Kamamoto, P. Neve, J. Reis, G. Leporace (BRA)
- Relative muscle strength in patients with lipedema: a comparative study with matched
L. Caputi, N. Vaia, S. Michelini, Serena Michelini (ITA)
- Rehabilitation post liposuction for lipedema patients
K. Estfaunus (EGY)
- Post-operative therapy and unconventional compression in lower limb lipedema surgery
L. Meko, B. Agostino (ITA)
- Cryolipolysis in the treatment of lipedema
P. Meyer, C. Rodrigues Tófoli Palauro, H. Dall'Ago Manfrim, E. de Moraes Carreiro, C. Millan, C. Dantas Soares (BRA)
- Lipedema physiotherapy – the crucial role of therapeutic education
L. Meko (ITA)
- Effects of low-mechanical-index multifocal ultrasound on lipedema adipose tissue: histological and immunohistochemical analysis
C. Millan Martinez, P. Froes Meyer, F. Picariello, F. Kamamoto (E)
- Correlation between knee valgus and postural dysfunctions in women with lipedema: case report of two patients emphasizing hip fat accumulation and the response to clinical pilates
V. Monteiro (BRA)
- Resistance activity to control inflammation in Lipedema using the Pilates method
L. Musso de Magalhaes, L. Cruz, P.H. Lyra (BRA)
- Immediate analysis of laser application in lipedema
F. Picariello, P. Froes Meyer, C. Millan, E. Carreiro, S. Marques, C.D. Nava Vergara, A.U. Rangel Ramos, A.V. Navarro Mar, F.E. Juarez Bobadilla, K.J. Duran Romero, T.I. Manjarrez Ladezma, Y. Oliveira Silva (BRA)
- Effects of cryofrequency combined with endermology in the conservative treatment of lipedema: a pilot clinical study
A.C. Pucci de Mattos, D.A.O. Modena, I.I.H. Wu, I.S. Bezerra, N.V. Schwan, C.M.R. Pacheco, E.C.O. Guirro (BRA)
- Clinical experience in conservative treatment of Lipedema
S. Simone, P. Antonuzzo, B. Patruno (ITA)



- Effects of physical exercise in patients with lipedema: a systematic review and update of the evidence
D. Gomes (POR)
- Impact of multilayer short-stretch bandaging on clinical outcomes in women with lipedema: a retrospective study
V. Reverdito (ITA)
- Lipedema and pelvic health: the importance of pelvic floor muscle assessment in an integrated therapeutic approach
V. Sampaolesi (ITA)

14:30 / 16:00 • SESSION 6

Surgery and related fields 3

Chairs: A. Bruno (ITA), A. de Nadai (BRA), A. Mc Donald (USA)

- Impact of tumescent liposuction on quality of life in patients with lipedema: a prospective cohort study
V. Hibraim Ruiz, R.D. Américo Ribeiro, V. Ybrahim Ruiz, H. Miranda Macaúbas, C. Paes del Papa, S. Mire Mofati, F. Kamamoto, G. Mira Clivatti (BRA)
- Safety and symptom improvement after high-volume liposuction for lipedema in women with bmi >40
D. Smart, Y. Mohseni, A. Vazirnia, D. Amron (USA)
- Lipedema definition technique - the future of lipedema surgery
J. Tenorio, S. Rapprich, S. Fioravante Saraiva De Almeida (BRA)
- High-volume liposuction in patients with elevated BMI: unique complications, preoperative optimization, and the role of metabolic modulation
B. Volshteyn (USA)
- Early moves matter: fast track recovery protocol after abdominoplasty in lipedema surgery
T. Vigliano, A. Bruno (ITA)
- Morphological patterns of distal lipedema: clinical classification and impact on liposuction
G. Moreira Civatti, R. Diego Américo Ribeiro, M.E. Sato Ito, F. Kamamoto (BRA)
- Case study: successful liposuction surgery in a slender physique patient with typical disabling lipedema symptoms
M. Letsch (NED)
- Lipoedema and the venous system: clinical relevance of patent foramen ovale (PFO) in the context of fat embolism risk, venous insufficiency and lipedema extraction surgery
C. Lekich (AU)
- Arm lipedema from the diagnosis to the surgical conclusion
A. de Nadai, K.L. Herbst, P. Friderichi de Sousa, J. de Nadai (BRA)



- Sculpting beyond volume: the role of aesthetic contour in fat graftin
F. Hamza (UK)
- A dynamic four level approach: new algorithm in Lipedema Surgery
A. Bruno (ITA)
- Surgical management of lipedema: a prospective cohort of 45 women treated with liposuction over 3 years
P. Caruso (BRA)

16:30 / 18:00 • SESSION 7

Diagnosis 2

Chairs: I. Forner Cordero (E), M Ricci (ITA), L. Straub (GER)

- A value-based continuum of care for lipedema: early detection, coordinated intervention, and defined provider roles
A. Mc Donald (USA)
- Lymphoscintigraphic study of lower limbs in lipedema patients: our experience
A. Onorato, A. Macciò, M. Povolato (ITA)
- Staging lipedema: distinct body composition, symptom patterns and metabolic profiling across disease progression enhancing lipedema
R. Schams, R. Nuwayhid, J.K. Siemund, M. Blüher, P.A. Nono Nankam (GER)
- Enhancing lipedema diagnostics through multi-omics approaches and serum-based predictive modeling
T.J. Schulz, R. Upmeyer, S. Gohlke, P. Kruppa, F. Garcia, M. Ghods (GER)
- Visualizing vascular mechanisms of tissue sodium storage
R. Crescenzi (USA)
- Correlation between imaging studies and histological analysis in the assessment of microvascularization in lipedema
F. Souto Barros, P. Henriques Lyra, L. Musso Magalhães, R. Jarske (BRA)
- Quantifying frail dermal microcirculation in lipedema
J.P. Belgrado, V. Stoichkova, C. De Matos, V. Fuchs-Hecht-Ritter, M. Gyladi, H. Mandhui (BEL)
- Inflammatory Profile as a Support Tool for Lipedema Diagnosis
A.C. Pucci de Mattos, C.M.R. Pacheco, P. Frederichi de Souza, D.A.O. Modena, R.R.J. Guirro, E.C.O. Guirro (BRA)
- Achieving a diagnosis of lipoedema when classic signs are missing; a clinical diagnostic challenge
S. Pugh, J. Wigg (UK)
- Lipedema biomechanics: correlation between foot pronation and disease progression
A.C. Pucci de Mattos, C.M.R. Pacheco, D.A.O. Modena, R.R.J. Guirro, E.C.O. Guirro (BRA)

ORAL COMMUNICATION

FRIDAY—

7th

NOVEMBER



ROOM JUSTINA

- Nodular adipose tissue is quantitatively more sensitive than nearby adipose in lipedema patients
N. Shapira, J. M. Rutkowski (USA)
- Exploring the prevalence of comorbidities in lipedema patients: a prospective cohort study
F. Sirvent Saez, I. Forner Cordero, D.A. Céspedes-Gómez, J. Vázquez-Díez (E)
- Superficial Fascia alterations in lipedema
C. Fede, C. Clair, C. Pirri, L. Petrelli, C. Tiengo, C. Stecco (ITA)
- Lipedema in the mediterranean: challenges in awareness, diagnosis, and patient acceptance. The case of cyprus as a starting point for change
A. Karatzias, C. Kassos (CYP)
- A cross-sectional study exploring associations between oxidative stress, intestinal dysbiosis, and permeability markers in lipedema patients
S. Marwan Mangini, G. Prinzi, Y.T. Naat (ITA)

WORKSHOPS

FRIDAY—

7th

NOVEMBER



ROOM EUFEMIA

11:00 / 13:00 • WORKSHOP • **Supported by HumanTecar**

- The original Tecar Therapy application in flebolinfologica and lipedema disease – the innovative approach with Hydra Fascia Supercharge electrodes
F. Miulli, M. Scerri (ITA)

16:30 / 18:30 • WORKSHOP • **Supported by Medisport**

- Multidisciplinary approach: modulation of the autonomic nervous system (Nesa X-Signal) and deep tissue oscillation (Deep Oscillation) for the treatment of lipedema
E. Gaeta, J. Reinhold, K. Männel- Emra (GER)



16:00 • SESSION 1

Moderated E•Poster

Chairs: P. Borman (TUR), T. Wright (USA)

SCREEN



- Integrative approach to physiotherapy in the conservative treatment of grade 3 type 3 and 4 lipedema: clinical case report
L. Alves (BRA)
- Lipedema in Chile: description and analysis of 281 patients attended in a referral center
M.E. Calderon Gonzales, L. Perz, J. Castellano (CHI)
- The impact of lipedema on well-being and sexuality
A. Cappiello, L. Palmieri, M. Poriello (ITA)
- Knowledge and misconceptions about lipedema: a survey of diverse population groups
G. Bergamaschi, R.D. Américo Ribeiro, G. Mira Clivatti, F. Kamamoto, A.L. Pires Pivoto, B. Rufca, A. Melo, G. Antunes (BRA)
- USA's fractured healthcare system drives patient-directed lipedema advocacy
C. Boyer (USA)
- Profile of patients with lipedema in Espírito Santo – Brazil
L. Cruz, L. de Magalhaes Musso, P. Lyra Frasson, M.L. Cruz Clemente, M.H. Amorim Tancredo (BRA)
- Lipedema and hypermobility: what we don't see
S. Marwan Mangini, G. Prinzi, Y.T. Naat (ITA)
- Gynaecological symptoms in lipedema: an underrecognized inflammatory link
S. Marwan Mangini, Y.T. Naat, V. Sampaolesi, A. Russo (ITA)
- Multidisciplinary approach in the management of advanced lipedema in a 68-year-old patient: a case report
P. Caruso, J. Jaeger, K. Garcia, P. Borges, R. Cherutti, V. Deluca (BRA)
- Action of macrofocused ultrasound in lipedema: a pilot study
C. De Andrade, P. Froes Meter (BRA)
- Assessment tools to quantify the physical aspects of lipedema: a systematic review
H. Eason, S.L. Kilbreath, K. Roone, E.S. Dylke (AU)
- Interdisciplinary approach in teenager patients with Lipoema
P. Eleuteri, K. Proti (ITA)
- Lipoedema: case report of swollen LEGS
P. Eleuteri, K. Proti (ITA)
- Conservative treatment of patients affected by lipedema: best practices and our experience
V. Luongo, V. Boemia, A. Boccia, A. Piantadosi, D. Ceriello, L. Auletta (ITA)



16:00 • SESSION 2

Moderated E•Poster

Chairs: P. Borman (TUR), T. Wright (USA)

SCREEN



- Does quantitative ultrasonographic analysis performed with artificial intelligence methods contribute to the diagnosis of lipedema? A pilot preliminary study
N.E. Gündüz, B. Dilek, M. Mahmut Barış, R. Can Yarol, E. Şahin, T. Demir, P. Keskinoglu, E. Akalin (TUR)
- Case report: conservative management of lipedema in a male patient
P. Frederichi de Souza, G. Patriani, A. Midori, E. Rolim (BRA)
- Superior clinical response to transdermal laser and foam sclerotherapy in patients with lipedema compared to pure venous insufficiency: a prospective cohort study
V. Gornati, K. Utsunomia, I. Tavares, N. Cáceres, F. Kamamoto (BRA)
- Rooted in connective tissue science: a call for lipedema definition paradigm shift
A. Mc Donald (USA)
- Use of thermography in monitoring the evolution of conservative treatment in an elderly patient with stage 4 lipedema (lipo-lymphedema) case report
V. Monteiro (BRA)
- Effect of nutritional intervention on body composition and clinical outcomes in women with lipedema: a systematic review
N. Piedrafita-Gibanel, I. Muñoz-Fornier, I. Fornier-Cordero, E. Drehmer, M. de Los Angeles Morales-Orúe, J. Muñoz-Langa, C. Medina-Trillo (E)
- Gynecology as a gateway to lipedema diagnosis – missed chance or hidden opportunity?
R. Schams, K. Lossagk, D. Von Lukowicz (GER)
- Beyond the centers: the role of support groups and regional associations in empowering women with lipedema in Brazil
V.A. Monteiro Santos (BRA)
- Relationship between subjective pain (VAS) and objective pain (algometry) in patients with lipedema
J. Pusic (CHI)
- Diets in the treatment of lipedema
B. Rufca, L.L. Fernandes Pinto, M. Lao, S.M. Nunes Sigifroi, R.D. Américo Ribeiro, G. Mira Clivatti, F. Kamamoto (BRA)



- Beyond limbs: clinical presentation of lipedema in truncal areas – a retrospective evaluation of 100 patients
R. Schams, K. Lossagk, D. Von Lukowicz (GER)
- Ultrasound assessment of tissue changes in the arms of patients with lipedema: a proposed diagnostic protocol
F. Souto Barros, P. Henriques Lyra Frasson, I. Rodrigues Tavares, A.C. Carvalho De Nadai (BRA)
- Characterization of pain and its functional impact in patients with lipedema: a descriptive study
P. Pavez (CHI)
- Application of photobiomodulation with a multi-wavelength (velaryan) device in lipedema treatment: a randomized clinical trial
P. Frederichi de Souza, Y. Piedade, C. Pacheco, D. Torrico, A. Nadai (BRA)
- Kinesio taping in the immediate postoperative period of lipo 360 for upper limb lipedema: the role of tegumentary structuring and support
M. Stankevicius (BRA)
- The metabolic link in lipedema: unraveling the intersection of inflammation, metabolic dysregulation, obesity and insulin resistance
L.A. Kahn (USA)

DETAILED PROGRAM

SATURDAY-

8th

NOVEMBER



ROOM ALIBRANDI

08:10 • • • **Presentation of sessions and speakers**

S. Süß (GER)

08:30  **Keynote Lecture**

Nutrition recommendations in the S2k guideline

G. Faerber (GER)

08:45 / 10:30 • **SESSION 9**

Nutritional and new pharmacological approach

Chairs: R. Cannataro (ITA), V. Cifarelli (USA), J.L. Simarro (E)

- ▶ Patient's Association – Lipedema Canada
E. Cloney (CAN)
- ▶ Unraveling the role of nutrition in lipedema: shedding light on intolerances, low carb diet and nutritional supplements
R. Cannataro (ITA)
- ▶ Effect of an anti-inflammatory diet in disordered eating symptoms in patients with lipedema: EAT-26 results from LipeDiet study
I. Munoz Forner (E)  [VIDEO](#)
- ▶ Changes in glucose and insulin metabolism following low-energy diets: low-carbohydrate vs low-fat diets in females with lipedema
J. Lundanes (NOR)
- ▶ Advantages and safety of anti-inflammatory ketogenic diet in the reduction of body weight and fat, leg volume, adipose tissue pain, and laboratory parameters in women with lipedema
M. Jezoriek (POL)
- ▶ Effect of a qualitative anti-inflammatory diet on body composition in women with lipedema
G. Périco Patriani (BRA)
- ▶ Effect of an anti-inflammatory diet in the volume of patients with lipedema: firsts results from LipeDiet study
I. Forner Cordero (E)
- ▶ Role of medical nutrition therapy and physical activity in lipedema management
G. Annunziata, L. Barrea (ITA)
- ▶ Impact of a plant-based very low energy ketogenic therapy on gut microbiota and clinical outcomes in women with lipedema
S. Basciani, E. Adragna (ITA)

10:30 / 11:00

Coffee Break



DETAILED PROGRAM

SATURDAY-

8th

NOVEMBER



ROOM ALIBRANDI

11:00  **Keynote Lecture**
Biobanks, Standardized Data & 3,000 Parameters: Fast-Tracking Discovery
J. Kartt (USA)

11:15  **Keynote Lecture**
Treatment of Lipedema and Concomitant Obesity: A Modified Delphi Consensus Statement
S. Pouwels (GER)

11:30  **Keynote Lecture**
Skin removal surgeries after multistep lipedema liposuction
J. Schmidt (GER)

11:45 / 12:45 • SESSION 10

Panel Discussion:

Therapeutic approach: when conservative and when surgical

Chairs: A. Bruno (ITA), M. Ghods (GER), S. Rockson (USA)

Expert panel

J.L. Simarro (E)
K. Herbst (USA)
M. Ghods (GER)
D. Amron (GER)
T. Wright (GER)
R. Shayan (AU)
P. Borman (E)
S. Michelini (ITA)
G. Faerber (GER)

12:45  **Keynote Lecture:**
The German LipLeg Study, the worlds first government funded RCT comparing conservative to surgical therapy
G. Mostofizadeh, M. Ghods (GER)

13:00 / 14:00 **Lunch**



14:00  **Keynote Lecture**
Lipedema diagnosis by objective PPT assessment
R. Dinnendahl, N. Jansing, H. Abdalla, M. Daßen, E. Breuer, S. Buehnen, E. Noell, M. Cornely, C. Pieper, T. Hucho (GER)

DETAILED PROGRAM

SATURDAY-

8th

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ROOM ALIBRANDI

14:15 / 15:45 • SESSION 11

Lipedema and Pain

Chairs: P. Borman (E), T. Hucho (GER), A. Onorato (ITA)

- ▶ Is the pain in Lipedema a neuropathic pain?
N.E. Gündüz, I. Topaloğlu, E. Şahin, N. Erdiñç Gündüz, B. Dilek, H. Ellidokuz, E. Akalın (TUR)
- ▶ Modulation of inflammatory pain in lipedema with sustained-release trans-resveratrol (Resvitech)
P. Federichi de Souza, G. Patriani, C. Pacheco, A. Carolina Toledo, M. Andrade (BRA)
- ▶ Lipedema pain beyond venous disease: a cross-sectional study on CEAP limitations
V. Gornati, F. Barros, K. Utsunomia, I. Tavares, F. Kamamoto (BRA)
- ▶ Characterization of pain and its functional impact in patients with lipedema: a descriptive study
P. Pusic, J. Pusic (CHI)
- ▶ Analysis of the relationship between pain, bmi, and clinical stage in patients with lipedema
J. Pusic (CHI)
- ▶ Correlation between pain and Pregnenolone in Lipedema patient
S. Michelini, N. Vaia, L. Caputi, L. Rosi, F. Romaldini, D. Vaglio, S. Michelini (ITA)
- ▶ The incidence of neuropathic pain and its impact on quality of life in patients with lipedema
P. Borman (E)
- ▶ Discussion

15:45 / 17:00 • SESSION 12

Panel Discussion on Future Research

Chairs: P. Ciarmela (ITA), T. Karnezis (GER), J. Kartt (USA)

- ▶ Expert Panel
P. Kruppa (GER)
R. Crescenzi (USA)
J. Cochrane (USA)
I. Forner Cordero (E)

17:00

CLOSING OF THE CONGRESS



09.00-10.30 • SESSION 8

Lipedema and quality of life – Patient Advocacy

Chairs: I. Georgiou (CYP), L. Mazzolai (CH), J. Wigg (UK)

- Quality of Life in Lipedema Patients: findings from the RAVAD registry
R.A. Psychogyiou, X. Luta, L. Mazzolai (CH)
- Integrative protocol for lipedema and fibromyalgia pain using non-invasive technologies: case report
L. Alves (BRA)
- Multimodal perioperative analgesia in lipedema surgery: prevention of neuropathic pain and chronic postoperative pain
J. Barbosa Pereira, C. Setsuko Yamanaka, R.D. Américo Ribeiro, G. Mira Clivatti, F. Kamamoto (BRA)
- Exploring the relationship between physical and psychological symptoms in lipedema patients
S. Bastien, J.P. Belgrado, J. Foucart (BE)
- What is the clinical pathway of women with lipedema? A mixt study among French patients
M. Chevennement (FR)
- Association between lipedema and dense breasts in postmenopausal patients
I. Murta, J. Bicca (E)
- Advocacy, awareness, and access: the vital role of the american lipedema association
C. Johannessen (USA)
- Brazilian Association of Lipedema Patients (Abrali): a milestone in lipedema awareness and empowerment
P. Frederihi de Souza, A. Carolina, G. Périco Patriani, B. Sevegnani, L. Nersissian, D. Torrico, C. de Andrade, A. Nadai, J. Nadai (BRA)
- Looking back to move forward: retrospective insights from the first years of an international lipedema center in Cyprus
I. Georgiou (CYP)
- The hidden burden of navigation: patient-led care coordination and the risks of fragmented lipedema treatment
H. Hamati (USA)
- Validation study of the progressive pain check method for lipedema assessment: preliminary results from an italian population
L. Ricolfi (ITA)
- The impact of social media on lipedema awareness and diagnosis
K.L. Johansen, K. Johansen (DK)
- The power of patient advocacy in the absence of recognition: strategic advancement of lipedema awareness and care within a universal healthcare framework
E. Cloney (CAN)



11:00 / 12:30 • SESSION 9

Nutrition and medical therapy

Chairs: G. Faerber (GER), B. Fedre (ITA), P. Frederichi de Souza (BRA)

- Integrating Evidence and Experience: Nutritional Strategies for Lipedema Management
A. Al Mukharreq (BHR)
- Synergistic Approach Diet and Serratiopeptidase in the Integrated Management of Lipedema – Preliminary Results
L. Auletta, ***M. Bellisi*** (ITA)
- Does Preoperative Semaglutide Use Affect Surgical Outcomes in Lipedema Liposuction? A Matched Cohort Study
A. Bruno (ITA)
- Change in inflammatory pattern in patients with lipedema using GLP1 analogue
L. Cruz, ***L. Musso de Magalhães***, ***P.H. Lyra*** (BRA)
- Direct effects of GLP-1 Agonists on lipedema tissue – in depth review and cohort study
S. Dahmann, ***M. Kameh Khosh***, ***M. Hiort***, ***L. Busch***, ***A. Dermietzel***, ***T. Hirsch*** (GER)
- Cultural and nutritional approaches to lipedema treatment: a cross-sectional cohort study
N. de Gonzales, ***N. Gonzalez Muñoz***, ***A. Martinez Tlli*** (E)
- Nutritional aspects in patients suffering from lipedema with comorbidity
B. Fedre, ***S. Dessalvi***, ***F. Boccardo*** (ITA)
- Lipedema,disordered eating and lifestyle: an observational study on nutritional and psychosocial correlates
G. Garaffo, ***B. Carlini***, ***M. Onida***, ***A. Mana***, ***M. Guerzoni***, ***V. Reverdito***, ***L. Ricolfi***, ***L. Patton*** (ITA)
- Implementation of the ketogenic diet in patients with lipedema: evaluation of adherence and limiting factors
G. Périco Patriani, ***P. Frederichi de Sousa***, ***C. Beltrame***, ***C. Pacheco***, ***A.C. Pucci de Mattos***, ***D. Torrico*** (BRA)

WORKSHOPS

SATURDAY-

8th

NOVEMBER



ROOM EUFEMIA

11:00 / 12:00 • WORKSHOP • **Asmed**

- REAC Therapeutic Protocols in Lipedema: upstream anti-inflammatory, circulatory and metabolic optimization
S. Rinaldi, *V. Fontani*

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GENERAL INFORMATION

SOCIAL DINNER

Friday, 7th November 2025

Club House Sheraton Golf Parco de' Medici - Viale Salvatore Rebecchini, 39 Rome

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SIMULTANEOUS TRANSLATION

An AI-based simultaneous translation system will be available in Room Alibrandi (main room).

You can access the translation service on your mobile phone by scanning a QR code at the beginning of each day.

Please bring your own earphones to listen to the translation

CONGRESS VENUE

Fiera di Roma – Pavilion 10 - Via Portuense, 1645/647 - Roma

HOW TO GET TO OUR CONGRESS



PLANE

The Rome-Fiumicino Airport has guaranteed **connections** with Fiera Roma by **train FL 1** - Fiera Roma stop (Price EUR 8), by **taxi** and by **Cotral** coaches



TRAIN

From the Tuscolana, Tiburtina and Ostiense stations linked to lines A and B of the Underground. Take the FL 1 train to Fiumicino and get off at the “Fiera Roma” stop. Price EUR 1.50



TAXI

North Entrance it is Via Portuense 1645-1647. E stimated time from city centre (Piazza Venezia): 40 minutes. Estimated time from Rome-Fiumicino Airport: 10 minutes



BUS/ SHUTTLE

A Fiera di Roma shuttle will be available during the congress to transport participants from the Main North Entrance to Hall 10



CAR

From the GRA (Grande Raccordo Anulare - Ring Road) take **exit 30 to Fiumicino** and then follows the signs for Fiera Roma. 7000 parking spaces



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